



THE MENU

AVAILABLE
4/28
FOR PICKUP

SALADS

FAJITA CHICKEN SALAD \$7.24
340K 21F 25C 7DF 23P
P K 30 21

RANCH CHICKEN SALAD \$7.24
250K 13F 5C 2DF 28P
P

BREAKFAST

BACON SAUSAGE AND SCRAMBLED EGGS / \$6.50
470K 34F 6C 1DF 34P | P

PANCAKES, APPLE BUTTER / \$7.00
450K 30F 35C 7DF 16P | P

MEATLOVER'S OMELET / \$6.50
410K 27F 4C 0DF 35P | P

SOUPS

SMOKED VEGGIE CHILI \$6.24
160K 3.5F 26C 5DF 8P
P K 30 21

DR. HEAL GOOD SOUP \$6.24
210K 6F 16C 3DF 21P
P K 30 21

ENTREES

**SPINACH ARTICHOKE CHICKEN
MAC AND CHEESE** \$10.90
830K 36F 85C 6DF 43P | PRIMAL

COUNTRY SAUSAGE SKILLET \$10.85
430K 25F 34C 6DF 19P | P 30

CHICKEN FRIED STEAK \$10.70
780K 67F 16C 6DF 33P | P K 21

CHORIZO STUFFED CHICKEN \$10.95
350K 15F 7C 3DF 47P | P K 30 21

SESAME GINGER MEATBALLS \$11.10
520K 39F 12C 2DF 31P | P K 30 21

**HOT HONEY CHICKEN WITH
MASHED SWEET POTATOES** \$10.75
620K 23F 58C 7DF 45P | P

**CUBAN PULLED PORK,
ROASTED CAULIFLOWER** \$10.75
610K 46F 12C 5DF 37P | P K 30 21

GRILLED CHICKEN KABOBS \$10.80
270K 5F 31C 6DF 26P | P

CLASSIC PALEO JOES \$10.95
410K 31F 16C 2DF 17P | P

BURRITO BOWL \$10.95
580K 32F 53C 5DF 20P | PRIMAL

**BUFFALO TURKEY BURGER
WITH BROCCOLI SALAD** \$10.75
600K 42F 15C 4DF 44P | P K 30

**P: PALEO K: KETO
30: ELIMINATION DIETS
21: 21 DAY SUGAR DETOX**

**HEALTHY
PREMADE
MEALS
JUICES
SNACKS**

ALWAYS FIND THE
LOWEST
PRICES ONLINE

DESSERTS

**CINNAMON WALNUT
BLONDIE BAR** \$6.24
570K 49F 25C 7DF 15P
P

TIRAMISU \$7.75
520K 25F 67C 8DF 15P
P

**RASPBERRY LEMON
SANDWICH COOKIES** \$4.90
750K 50F 71C 7DF 14P
P

**PICK UP &
DELIVERY**

EATTOEVOLVE.COM